



## STUDENT A (Force of Habit)

### – PAIR WORK TASK\_B2

Tell your partner about your past and present habits. Exchange questions to learn about your partner too (about four minutes).



1. What sort of things do you do at the same time everyday?  
Would you call that a habit?
2. Have you made a habit of any of these?

Exercising?      Learning English?  
Using technological devices?  
Reading?

3. Do you have any bad habits? Have you ever tried to quit any sort of addiction?

4. Comment on Fedor Dostoyevski's quote:

*"The second half of a man's life is made up of nothing but the habits he has acquired doing the first half."*

5. How have your habits changed over the last 10/20 years? Have you got into a new habit recently?

Think of what you used to like when you were much younger: music, pastimes, games, clothing, food, drinks...



## STUDENT B

## (Force of Habit)

### – PAIR WORK TASK\_B2

Tell your partner about your past and present habits. Exchange questions to learn about your partner too (about four minutes).



1. Would you say you're a (wo)man of habits?

2. Have you made a habit of any of these?

Exercising? Learning English?  
Using technological devices?  
Reading?

3. What do you find easier (or harder): to get rid of a bad habit or to acquire a new good habit?

4. Comment on Jim Ryun's quote:

*"Motivation is what gets you started. Habit is what keeps you going."*

5. How have your habits changed over the last 10/20 years? Have you got into a new habit recently?

Think of what you used to like when you were much younger: music, pastimes, games, clothing, food, drinks...