

# SCALE OF AMOUNT

MASS	COUNT	PERSONAL	NON- PERSONAL	FREQUENCY	DURATION	DEGREE
all	all every each	everyone everybody	everything	always	always for ever	absolutely entirely
much a lot (of)	many a lot (of)	(many people)	(many things)	often frequently	(for) a long time	very, (very) much
some		someone somebody	something	sometimes	(for) some time	rather somewhat quite
a little	a few several	(a few people)	(a few things)	occasionally	(for) a while	a little a bit
little	few	(few people)	(few things)	rarely seldom	not... (for) long	scarcely hardly barely
no(ne)		no one nobody	nothing	never	↔ ↔	not... at all
any		anyone anybody	anything	ever		at all